



Would you like help planning
for your future?

Are you 16-24 years old?

Do you have a
developmental disability?

Navigator support may be
available to help you.

For More Information

Contact the Services to Adults with
Developmental Disabilities program by calling
toll-free:

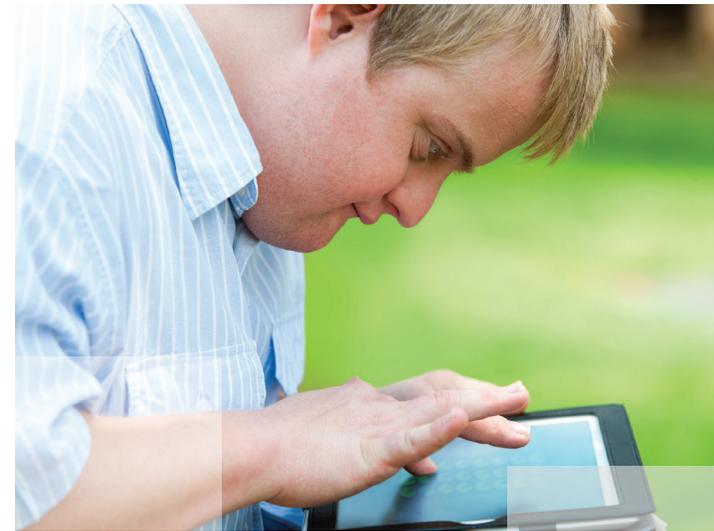
1-855-356-5609

Or visit the website at:

[www.gov.bc.ca/adultdevelopmental
disabilityservices](http://www.gov.bc.ca/adultdevelopmental
disabilityservices)



Navigator Support for Youth and Young Adults with Developmental Disabilities



Need help planning for the future?

Moving into adulthood is an exciting and important time. It can also be scary to make decisions about things like:

- » where you are going to live
- » whether you want to continue your education or find a job
- » what kinds of activities you may want to try
- » how to meet new friends

What is a navigator?

A navigator is a person who can help you and your family plan for your goals and access the supports available for young adults with developmental disabilities. This is part of the B.C. government's Services to Adults with Developmental Disabilities program.

How can a navigator help?

Navigators work with you and your family to make a plan that's all about you. They can:

- » help you identify your interests and future goals, what you want to do and what you might need to achieve your goals
- » bring together your support network
- » help you find government and community services
- » "build a picture" of you and your goals that helps you share your story more easily with different people who work with you

What do you want to do?

The navigator is there to support you and to help get the right people—your support team—involved. Planning will help you do things like get job experience, enroll in school and participate in your community.

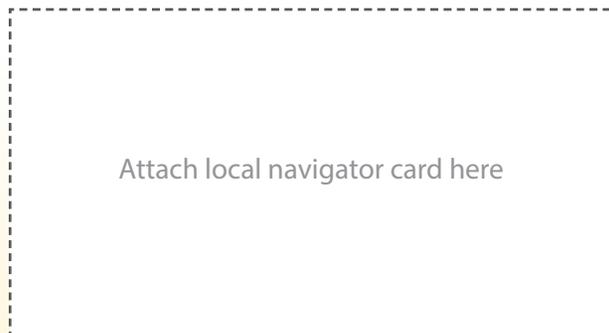
Am I eligible for navigator support?

You can get help from a navigator if:

- » you have a developmental disability*
- » you are between the ages of 16 and 24
- » you would like support to plan your transition into adulthood

*Individuals eligible for Community Living BC's Personal Support Initiative are also eligible for navigator support.

A navigator can help explain how to become eligible for Community Living BC services at age 19.



Where can I find a navigator?

The navigator program is currently only offered in some communities in B.C. Navigator supports are available in:

- » Prince George and some surrounding communities
- » Haida Gwaii
- » Kamloops/Merritt and some surrounding communities
- » Nanaimo and some surrounding communities
- » Courtenay
- » Surrey

In 2016/17, navigator supports will be expanding to communities across the Fraser Region. Starting April 2016, you may contact 1-855-356-5609 to obtain more information on specific communities/ areas – or check in with the STADD website.

How do I get started with a navigator?

- » Call your local navigator.
- » Talk to your facilitator at Community Living BC and ask for a referral.
- » Talk to a school teacher or your Ministry of Children and Family Development or Delegated Aboriginal Agency social worker and ask for a referral.
- » If you are receiving services from a local health authority, ask for a referral.
- » Call 1-855-356-5609 to connect to a navigator in your area.